



Sailor spends time in Cuba.

see page 3



What do you need to know about voting? see page 13



New areas open for hunting this season

By Terrence Larimer **Natural Resources Specialist**

The 2004 deer season began Aug. 14. It is marked by the re-opening of two areas that have been closed since 9/11.

Designated parts of the South Annex are now open to Category A bow hunters. Additionally, the Southside Ordnance area is now open to Category A still hunters. Due to 9/11 security concerns deer in these areas have not been harvested since the 2000 season. The resulting large deer populations have created problems for which hunting is the safest, most economical, and practical means of addressing.

Annex and Southside Ordnance areas nearly 11,000 acres of the Station are now available for out-

door recreation. Station deer hunts are conducted on Monday, Wednesday, and Friday afternoons as well as morning and evening hunts on Saturday and Sunday. All hunts are supervised by game wardens and originate and end at the Marrington Hunter Check Station.

To be eligible all hunters must have the appropriate state and federal licenses as well as a Station hunting license. Proof of graduation from a state approved hunter safety course is necessary to purchase a \$20 Station hunting license at the Outdoor Recreation Center. To avoid confusion, WPNSTA licenses run concurrent with state licenses expir-With the addition of the South ing on June 30 of each year. Hunting fees are used solely to support Station hunting and fishing management activities such as planting



photo by Don Watts

A doe and her yearling stroll through the woods on Naval Weapons Station Charleston. Deer season opened Aug. 14.

wildlife food plots, erecting wood weeds and stocking fish ponds.

Both military and civilian person-see Hunting page 9



Lowcountry. Students from Marrington Middle and Marrington Elementary School cross the street safely on the way to classwith the help of crossing guard Annie Lewis. Fourth grader Joseph Sanborn said he's looking forward to starting of the school year right. "I really want to get good grades all year," he said. Naval Weapons Station Charleston saw a change this year with the closure of Menriv Elementary School. Students who attended Menriv were moved to Marrington. With the Menriv students joining Marrington, the population of the school rose from 307 students to 454. The consolidation required fourth grade students to change their campus to the middle school. The Shoreline captured students at both campuses during the first days of school. See page 10 for full photo feature.



photo by JO2 Christal A. Bailey

Naval Weapons Station Charleston



Mission

To provide ordnance and waterfront management, quality of service and logistic support in a secure multi-service environment.

Commanding Officer
CAPT Robert M. Zalaskus
Executive Officer
LCDR Wesley S. Smith
Business Manager
Rita Schmitt
Command Master Chief
CMDMC(SS) Tim Domrose

About the Shoreline

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Captain's Log

By Capt. Robert M. Zalaskus NWS Charleston Commanding Officer



Were you ready for Charley? Are we ready for potential terrorist activity? How do we know? Questions like these are easy to ask, but measuring and proving readiness to minimized the effects of a natural or man-made event have challenged leaders for ages.

We talk about it; we write it in our mission statement— "We enable warfighter readiness," but being "ready" is an elusiveattribute. The instinctive approach to this metric is to start counting things like

the number of preparatory drills run, the number of supplies on hand, the number of emergency response personnel who have attained advanced levels of qualification. Unfortunately equating that to readiness comes down to the classic "it depends," which leads to the very complicated business of risk management.

NWS Safety Director Rick Dangerfield and his professional staff look at risk every day. They think in terms of how likely an event is, times the consequence of that event happening, and balanced that product against our risk tolerance and, of course, cost.

Here at Naval Weapons Station, many routine operations have risk from handling ordnance, to loading ships, to maintaining our base electrical and plumbing infrastructure. Add what Mother Nature can throw at us such as Hurricane Charley or what Al Queda could be planning and we are back to the question "Are we ready?"

Fortunately, Charley gave us a relatively inexpensive opportunity to realistically test our pre-planned procedures and checklists. Attaining Condition of Readiness 1 with a real CAT I hurricane bearing down on us prompted a more thorough review of emergency preparedness instruction than the annual table-top drill conducted a couple of months ago. We took this storm seriously. We stowed the base, NPTU moved their barges for the first time in several years and we assisted the MSC ship at Wharf ALPHA to get underway.

We learned a few lessons in the process and our plan is now stronger for it, but it does not end there. Could we have executed our plan if cell phone towers went down? Email? Telephone? We need to be prepared to drive without traffic lights both on and off base. We did not have to practice these on this go around, but the questions are important "what ifs." We also recently tested our preparation for man-made acts as well.

This week we exercised with NCIS in a scenario that impacted the "normal" routine of the base. I wanted our plan to involve the community, to accept inconvenience, to be realistic and visible. We staged a truck by the MWR car wash with the simulated makings of a chemical explosive. The scenario simulated that one of the chemical components began to leak and generate smoke. We exercised our emergency need to protect the general public by closing Redbank Road and quickly turned over that responsibility to Goose Creek Police. Emergency response personnel from NWS and off-station contained the scene and we secured with the proper reports as the bigger scenario continued off Station.

Likewise, questions must be asked such as; Are we prepared to evacuate a crowded support area? Can we deal with more than one "event" on Station at a time-the truck at the car wash could be a distracter? We learned a lot and we are now better prepared for this next level of experience.

In both cases, Hurricane Charley, and our NCIS terrorist drill, the scenario was bigger than just our locale. We so often limit our thinking to our immediate place of work not realizing that we may only be a small piece of a much larger scenario. Readiness it thus not just being prepared to mitigate the threat to our normal routine, but being conscious of how events at our location may be connected to a bigger picture and vice versa—readiness requires we pay attention to events outside our area. Perhaps readiness is so difficult to measure because it is not just about us nor just about a static situation. Dynamic readiness is both about the "what" and about the "what if." Were you prepared for Charley? Were we prepared for the simulated terrorist event?

I would offer that if we learned from the lessons of our practice and exercise, if there is something we would do differently and better next time, then it is fair to say that we are more ready now that we were before. I'll take measurable improvement over the false sense of security from a simple inventory or stop light representation of readiness any day.

Let's keep learning, improving, and preparing for the what ifs...that is the readiness that matters.

Chaplain's Corner

Chaplain Ronald S. O'Dell Jr., LTJG, USNR Naval Consolidated Brig Charleston

Over this past weekend, many of us in the Charleston area were asked to prepare for the coming of Hurricane Charley. As well, my family and I made many preparations for the storm such as making sure we had candles and flashlights in case the storm caused a loss of power. We also made preparations ensuring we had plenty of gas in our vehicles in case we were encouraged to evacuate the area. Many others in the Charleston area did the same and as a result many were prepared for the possibility of significant high winds and rain. However, in the end, the storm did not cause as much damage as we might have expected. As many prepared for Hurricane Charley, history shows that many in years past have ignored such warnings.

I'm reminded of the events described in a book entitled "Isaac's Storm" about the hurricane that wiped out Galveston, Texas in 1900. The book describes how everyone was convinced that a hurricane could never strike Galveston, even as one approached. The author vividly describes how as the streets began to flood people went about their business as if nothing was wrong. Children played in the water, men gathered for breakfast at the local diner, and no one fled from the storm that was about to strike.

Some didn't worry because Isaac Cline, the national weather service

officer in Galveston, assured them it would not be a severe storm. Others simply believed that Galveston was invincible. Some thought that since they had never seen a hurricane strike Galveston one never would. So for a number of reasons, people assured themselves nothing bad would happen. And as a result over 6,000 people died one September day in 1900.

In Luke 8:22-25, we learn of the events of another storm that developed on the Sea of Galilee where the disciples were in fear for their lives. After Jesus rebukes the wind and the raging waters, he asks the doubting disciples, "Where is your faith?"

It seems that many times in life, we make preparation for the physical storms in life, but often neglect preparation for the spiritual storms we may face. And like the destruction that came about the city of Galveston, we find ourselves unprepared for the storm we know is coming. In life, it is inevitable that we will face both storms of nature and storms of our spirit. Whether it's in the unfortunate loss and despair of a loved one, loss of a career or job, or even in the stress and grief of broken relationships, God can give us the spiritual strength we need to prepare for times like these in life.

If you often find yourself without hope in times such as these, it might be helpful and hopeful to ask yourself, "Am I spiritually prepared?" or better yet, as Jesus put it, "Where is your faith?"

new home for the summer Sailor makes GITM

By JO2 Christal A. Bailey **Navy Charleston Shoreline**

Missing time with your family, moving every two or three years and at times giving up the comfort of your own bed are but a few of the sacrifices Sailors make in the United States Navy.

Naval Weapons Station Charleston's

Religious Program Specialist First Class (SW/AW) Deneen Moore volunteered to make these sacrifices for a recent deployment to Cuba, and is glad she did.

Moore is no stranger to the Navy lifestyle. She followed in the footsteps of her father, a World War II Navy veteran, and her two sisters who also served in the Navy.



photo by JO2 Christal A. Bailey

RP1 (SW/AW) Deneen Moore works in Naval Weapons Station Charleston's All Saints Chapel audio booth. Moore recently returned from a six-month deployment in Cuba.

Moore deployed to Guantanamo Bay in February 2004 and returned to Charleston at the end of July. The Ettrick, Va., native said being away from her family was hard, but her time in Cuba was worth the time away. "While I was in Cuba, I missed being with my family, husband Thomas and three children Nathaniel, Dominic and Tanisha the most," she said. "I was able to serve my country in a different way, learn more about the different branches of service and also to experience the warm beauty of the Caribbean," she added.

Moore volunteered to go to Cuba for many reasons, but the one she felt she could most benefit from was working with other branches of service. "I learned that the Army-led Joint Task Force (JTF) was a very good environment to work in," she said.

"The JTF experience is a shared one where we all had to learn the differences between the branches of service, but we all shared the desire to do a good job at the JTF in our assigned tasks and return home safely."

"Every branch of service brought a different area of expertise and knowledge with them and we all realized that to have a successful mission we all had to work together and share knowledge," she continued.

While working at Joint Task Force Guantanamo, Moore served as the chapel section non-commissioned officer in charge (NCOIC). "I was the first Navy person to report to JTF chapel section, so when I was asked to be NCOIC I was surprised," Moore

As the NCOIC, she was the Command Chaplain's assistant, responsible for correspondence, routing all evaluations and award submissions for section personnel, and supervising the setup of chapel worship services and all chapel programs.

In addition to their normal daily duties at the chapel, Moore and the chapel staff provided support to the detainee guards in Cuba through the Joint Detentions Operations Group Unit Ministry Teams (UMT).

The Army Chapel section is made up of UMTs, each one comprised of a chaplain and a chaplain's assistant, which work together to address the needs and concerns of the unit. "This allowed us to go out to where the troops work and be available to them in their working environment," Moore

The Joint Detentions Operations UMT had an office inside the detainee facility support area to be available to the troops and provide counseling as well as religious literature ... or just a bottle of water and a little conversation as needed. "I believe that was a valued service to the detainee guards, because it is sometimes stressful to work with people who have little control over their situations (the detainees)," Moore com-

Although she worked many hours to support the troops, Moore still found time for some enjoyment. She participated in many fun runs and was part of the Naval Station Guantanamo female softball team.

"Cuba is a beautiful place with wonderful sunrises, and sunsets. The iguanas walk up to you and nod," Moore said. "The Caribbean Sea is a beautiful blue. If my family were able to be there in Cuba with me, it would be a wonderful place to be stationed."

Get your hurricane supply kit together

You should put together your hurricane supply kit long before a hurricane threatens the area. Most items necessary for your comfort and safety can be purchased before hurricane season. Once a hurricane watch is issued, items often become scarce and prices may rise accordingly. If you already have your supplies on hand, you can spend the time before the storm safeguarding your home and personal property instead of waiting in line.

Store all food and water supplies in a cool, dark place. Keep food covered at all times and inspect all containers for signs of spoilage before use.

Supply Kit Checklist

*Water: One gallon per person per day (1/2 gallon for drinking and 1/2 gallon for bathing, toothbrushing, etc.) Store water in clean, plastic containers such as soft drink bottles.

*Food: Purchase foods that require no refrigeration and little preparation. Ready-to-eat canned meats, fruits and vegetables, canned juices, milk, soup, peanut butter, jelly, nuts, crackers, cheese spreads, instant coffee and tea, soft drinks, juices, sports drinks. Lots of ice (you can also freeze your water

*Baby: Formula, diapers, bottles, powdered milk, special medications and wet naps.

*Pets: Newspapers or cat litter for your pet's sanitary needs. Moist canned foods (to preserve water).

*Medicine: First-aid kit, rubbing alcohol, aspirin or non-aspirin pain reliever, antacid, extra prescription medicine (especially heart and high blood-pressure medication, insulin and extra diabetic supplies).

*Personal needs: Toilet paper, tow-

elettes, soap, shampoo, personal hygiene items, feminine hygiene products, contact lenses and supplies, extra pair of eye glasses and sun protection.

Other important supplies:

*Battery-operated radio and batter-

- *Flashlight and extra batteries
- *Non-electric can opener
- *Charcoal, waterproof matches (if you have a grill, use it outside only)
 - *Extra propane gas for grills
 - *ABC-rated fire extinguisher
 - *Portable cooler
 - *Wind-up or battery-operated clock
 - *Plenty of absorbent towels
 - *Plastic trash bags, ties
 - *Aluminum foil
- *Household chlorine bleach (can be used to purify water)
 - *Bug repellent

hammer and nails (for temporary window and roof repairs)

*Cleaning supplies

*Can of spray paint (can be used to identify your home for insurance adjusters in case it is damaged)

- *One change of clothing per person
- *Sturdy shoes
- *Hat and work gloves
- *Blankets and pillows or sleeping

Remember to store your kit in a convenient place known to all family members. Keep items in airtight plastic bags and change your stored water supply every six months to keep it fresh.

Rotate stored food every six months. Restock your kit at the start of each hurricane season. (Replace batteries, update clothes, etc.)

Ask your physician or pharmacist *Tarp or sheet plastic, duct tape, about storing prescription medications.

Briefly Speaking

Macbeth comes to Station

The National Endowment for the Arts and the Department of Defense have joined together to sponsor a tour of Shakespeare's *Macbeth* by the Alabama Shakespeare Festival on Naval Weapons Station Charleston Sept. 17 to 18. This performance is part of the National Endowment of the Arts' Shakespeare in American Communities initiative.

Branch Medical new phone numbers

The Naval Weapons Station Charleston Branch Medical Clinic has changed their phone numbers. Below is list of the clinic's new numbers:

574-8909 Patient check-in: Medical Records: 574-8916 Immunizations: 574-8908 Laboratory: 574-8919 Pharmacy: 574-8920 Radiology: 574-8918 Benefits advisor: 574-8913 Wellness department: 574-8929 NNPTC medical: 574-8242 NPTU medical: 863-5352 NWS Dental: 764-7644

New pool hours

The Eastside pool is closed for the season. The New Wave Aquatic Center will remain open under new hours of operation. New hours will be from 3 to 5:30 p.m., Monday through Friday. Weekend hours will remain noon to 7 p.m. Military lap swim will be available only at the New Wave Aquatic Center weekdays 5:30 to 7:30 a.m. and 11:30 a.m. to 12:30 p.m. For more information call 764-7033.



The Safety department reminds you, safety is our responsibility.



Below are helpful tips to insure you know how to safely use your backpack in order to promote spinal health.



Step 1: Choose Right

Choosing the right size backpack is the most important step to safe backpack use.

Tip: Bring a friend to help you measure your backpack properly.

Step 2: Pack Right. The maximum weight of the

loaded backpack should not exceed 15 % of your body weight, so pack only what is needed.

Tip: If the backpack forces the wearer to move forward to carry, it's overloaded.





Step 3: Lift Right

Face the Pack -Bend at the Knees - Use both hands and check the weight of the pack. -Lift with the legs - Apply one shoulder strap and then the other

Tip: Don't sling the backpack onto one shoulder.

Step 4: Wear Right Use both shoulder straps -

snug, but not too tight.

Tip: When the backpack has a waist strap - use it.

Pack it Light... Wear it Right!



September 27th

National School Backpack Safety Awareness Day



photo by Bart Jackson

Bravo Zulu to (from left) CS1 David Ledbetter, JO2 Christal Bailey and MA3 Aaron Timbs, who were named Naval Weapons Station Charleston's Senior Sailor of the Quarter, Junior Sailor of the Quarter and Bluejacket of the Quarter, respectively. Ledbetter is assigned to the Station's galley, Bailey, the public affairs office, and Timbs is part of Station security.

Exam dates



The September 2004 Navy-wide exam for petty officer first class, petty officer second class and petty officer third class will be administered on Sept. 2, 9 and 16, respectively.

All exams will be administered in the SPAWAR Conference Center, Bldg. 3112 with the following exception: NNPTC and NPTU E-5 candidates will take their exam at

their command. All candidates must be in their seats by 7 a.m. on their exam day.

Worksheets are available for verification and signature at PSD, room 206 from 6:30 a.m. to 4 p.m. through Aug. 27. All candidates must make every effort to verify and sign worksheets prior to the exam with exception of NNPTC and NPTU students.

Learn to Rappel, Aug. 26, 5 to 8 p.m.

Rappelling is an essential skill of climbing. You have to know how to get down before you go up. Learn about equipment, knots and technique in this course where you will get an experience in the basic skills of rappelling. Participants under the age of 12 are not permitted to rappel. Ages 12-16 may rappel with a backup belayer only. Participants under the age of 12 are welcomed to learn knots and climbing technique. "On Rappel, Rappel On!" The fee is \$12 per person. Participant limit: five. Provided gear: harness, ropes, hardware and helmet. Suggested gear: shoes, chalk bags (available for rent at the Outdoor Adventure Center). Exertion level: moderate. The signup deadline is Aug. 24.

Bike Ride, Aug. 26 & Sept. 9, 5:30 to 7 p.m.

Weekdays after work, join our guide for a mountain bike ride on one of the local trails at Marrington Plantation. If you need a bike, we will give you one to try out for the evening. Or bring your own ride! We will meet at the Outdoor Adventure Center at 5:30 p.m. and ride out from there by 5:45 p.m. Participant limit: nine. Pre-trip: none. Required gear: mountain bike (provided for \$5 if needed) and helmet. Exertion level: moderate. Prerequisites: none. The signup deadline for the August 26 ride is August 24 and the signup deadline for the Sept. 9 ride is Sept. 8.

Evening Paddle, Aug. 30, 6 to 9 p.m.

Join MWR for a guided sunset tour of Marrington Plantation. Paddle with aquatic birds and other marine life feeding before the day's end. The fee is \$12 per person. Participant limit: 12. Pre-trip: none. Provided gear: kayak, paddle and

personal floatation device. Exertion level: mild/moderate. Prerequisites: none. The signup deadline is Aug. 27.

Sign up for any of these outdoor recreational opportunities at the Outdoor Adventure Center. The Outdoor Adventure Center is conveniently located on Fletcher Street in Building 1700, across from Cap'n Robert's Dive. Hours of operation are: Monday through Friday, 10 a.m. to 7 p.m.; Saturday, 8 a.m. to 4 p.m.; and Sunday, 1 to 4 p.m. Stop by the Outdoor Adventure Center today or call 764-2122 for more information.

LIBERTY Program

Unless otherwise indicated, Liberty trips and events are open to all hands of WPNSTA Charleston and its tenant commands (active duty, civilian, and dependents, ages 18 and up). Sign up for these events at the game room in the NNPTC Activity Complex or the Liberty office (building 206, NNPTC Circle). The Liberty office is open from 8 a.m. until 5:30 p.m., Monday through Friday. Call 764-7002 for more information or check us on the MWR website www.mwr.nwschs.navy.mil.

Horseback Riding, Aug. 29, 7 a.m. Enjoy a one-hour trail ride at M&M Farms. No prior riding experience is necessary. The cost is \$30 per person. Sign up at the Liberty office in building 206 by Aug. 20.

Chili Cook-off & Car Show, Oct. 2

Calling all chili cooks and car enthusiasts!

Registration has begun for MWR's Chili Cook-off

& Car Show set for Oct. 2 at Marrington Plantation. So, whether you have a prized old family chili recipe or some new-fangled chili concoction that you came up with yourself, you'll want to be part of this year's Chili Cook-off. If you are the proud owner of a classic car, cool car or unusual car, you'll want to enter it into the car show. Registration is underway at the Liberty office. The deadline to enter is Sept. 22.

Red, White & Blue golf tournament

Redbank Plantation Golf Course will hold a Red, White and Blue golf tournament on Aug. 21. This tournament will be a 2-person Captain's Choice with handicap. Golfers will play six holes from the red tees, six holes from the white tees and six holes from the blue tees. The entry fee is \$10 per person plus cart and green fees. Lunch will be provided after play. Call Redbank Plantation Golf Course at 764-7802 to sign up or for more information.

Individual stroke play golf tournament

The Redbank Plantation Golf Association will have an individual stroke play golf tournament Sept. 4 at Redbank Plantation Golf Course. Maximum handicap will be allowed in this tournament. There will be a low gross and low net prizes, however, a player cannot win both low gross and low net. Prizes will be awarded according to participation. Call 764-7802 to sign up for this tournament or for more information.

Registration for intramural softball

The registration deadline for intramural soft-

ball is Aug. 27. Registration will take place at the Athletics office in building 725, MenRiv Plaza. Play will begin Sept. 13. This is a Captain's Cup event. For more information, call 764-7530.

Intramural fall volleyball registration

The registration deadline for intramural fall volleyball is Sept. 13. Registration will take place at the Athletics office in building 725, MenRiv Plaza. Play will begin Sept. 27. This is a Captain's Cup event. For more information, call 764-7530.

Learn how to teach yoga

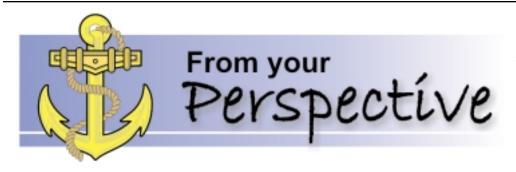
Are you interested in teaching yoga or do you know someone who might be interested? You can get certified at Naval Weapons Station Charleston through the YogaFit Teacher Training Workshop (Level 1), which will be held Saturday and Aug. 21 and 22 from 8 a.m. to 6 p.m. The workshop will be held at the Group Exercise Room in building 725, MenRiv Plaza. The tuition for this twoday workshop is \$329 per person. For more information, call Cyndi Malinen at 764-4173 or Mark Mikhitarian at 764-7530.

Open bowling special

Marrington Lanes is currently offering an open bowling special every Tuesday and Wednesday evening from 6 to 10 p.m. The cost is only \$1 per game per person. For more information, call Marrington Lanes at 764-7235.



Page 6 **Navy Charleston Shoreline** August 20, 2004



What are you looking forward to most this school year?



"I look forward to having a good year and getting good grades. I want to get a good start to seventh grade."



"I want to get to know my new classmates and teachers."



"I love recess and painting and coloring in art. I look forward to the fun we get to do in class."



"I want to do my best on my homework and try to do what I can do right."

--Zachary Smith Sixth grade

--Jennifer Oullette Eighth grade -- Carter Flaherty Third grade -- Madison Fires Third grade

Hunting season underway on Station | SECNAV encourages

continued from page 1

Station's hunting program. Laws and regulations generally follow state requirements, but because of the Station's military mission, access and movement in some areas is controlled and safety requirements are stringent. The Station's instruction on hunting and fishing, defines Category A personnel as military and civil service employees (and dependents) of the installation and tenant



photo by Charlie Franklin

An eight-point buck is spotted grazing on Naval Weapons Station Charleston. Military and civilian personnel are allowed to participate in the Station's hunting program.

commands

These personnel are authorized to hunt in Marrington, Northside, the Southside Ordnance area, the Eastside Unrestricted area and the South Annex. They may fish in Marrington, the South Annex's Hooker Lake and the Southside Ordnance area impoundments (nonworking hours). In addition, Category A may fish the Cooper River at Storm Pointe Pier, the riverbanks south of Pier Bravo to the security boathouse area and Pier Charlie. Category B personnel which includes military not assigned to the installation, retired military, and the general public (everyone not included in Category A), are authorized to hunt and fish in Marrington only.

WPNSTACHASNINST 5090.12G contains complete rules and regulations and is available at the Outdoor Adventure Center. Schedules, maps and hunting data are posted at the Marrington Hunter Check Station. Questions regarding outdoor recreational activity on Station can be answered by calling the Natural Resources Office at 764-7951.

Sailors, families to vote

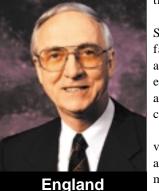
From Secretary of the Navy **Gordon England**

Everyday, around the world, Sailors and Marines dedicate themselves to protecting and serving our great nation. This is part of the proud heritage of our renowned Navy-Marine Corps team. It is your daily dedication to America that ensures our liberty and allows us to enjoy many unsurpassed privileges.

The right to vote is one such privilege, a privilege earned by American patriots like you, who believe in the ideals of a democratic system. The very cornerstone of our democracy is the hard-won right to vote. By exercising your right to vote, you help make our nation a shining beacon of democracy and self-govern-

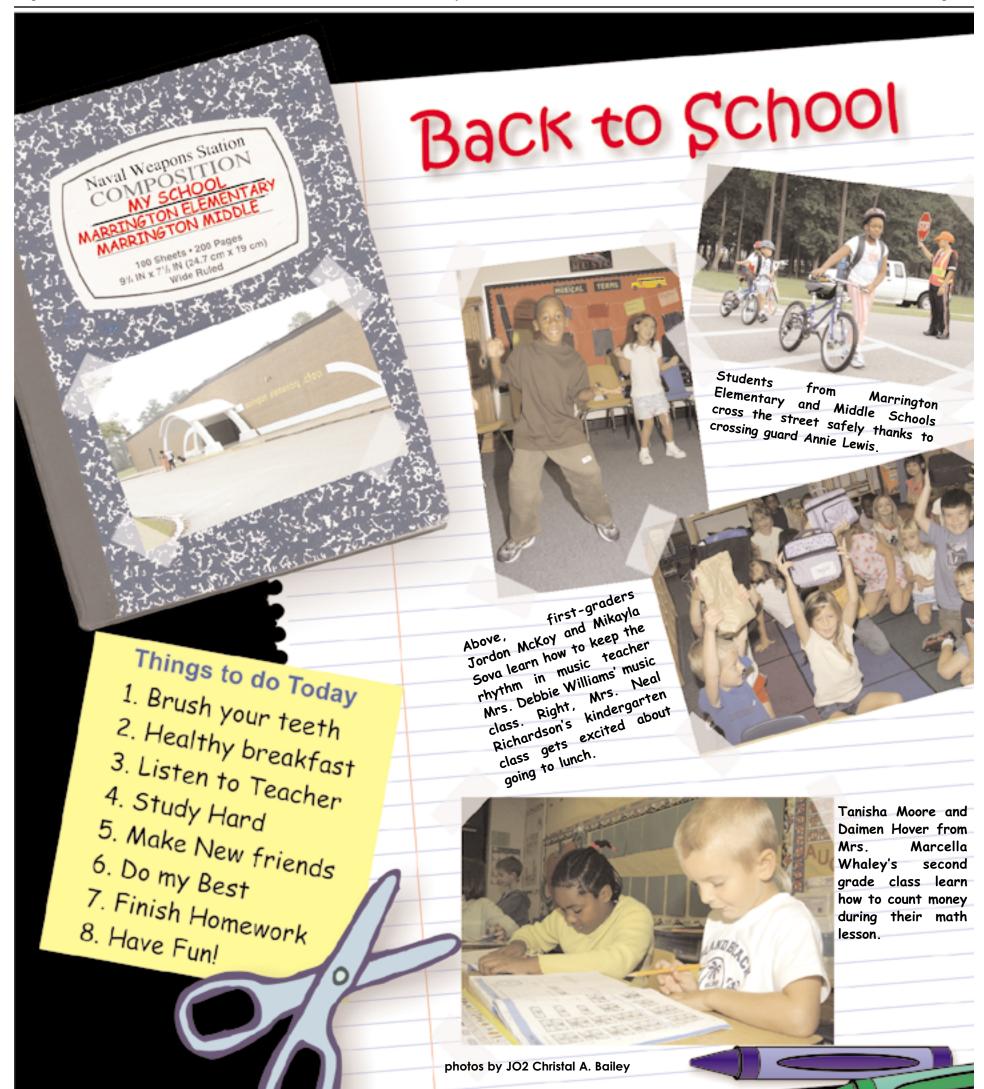
> ment to all other people in the world.

> > I encourage all eligible



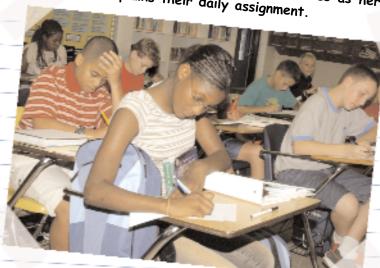
Sailors, Marines and their family members to vote. I also remind you to register early, and above all, be assured that your vote counts.

Contact your command's voting assistance officer for absentee voter registration materials and any additional assistance you may need.





Seventh-grader Brianna Press takes notes as her teacher explains their daily assignment.



Above,
Language
Ms. Vicki
her students how to construct their spelling word
sentences. Right, teacher
Mrs. Charlotte Ethridge
helps one kindergarten
student get her lunch
tray.



Left, seventh grader Justine Baptiste studies her spelling words during language arts class. Below, up during physical education class.



MARRINGTON ELEMENTARY SCHOOL



Information & Referral (I&R)

Did you know there is a free workshop about buying a home in the area? Are you thinking about buying a home? Do you want to volunteer in the schools as a mentor, teacher or office assistant? Did you get here before your furniture? Need to borrow bedding, pots, dishes, TV, VCR, or microwave? Where FFSC is located? What baby classes does the base offer? You have questions. We have answers. Give us a call at 764-7294.

Counseling Services

Want to join a group to talk and learn together? Your career stressing your out? You want to improve your family life? Want to feel better about your goals? Just call and make an appointment for our free counseling. We have trained counselors to help you through this time. You can make an individual appointment or with your spouse. We visit some commands during the day to talk. If you are an active duty or retiree, spouse of an active duty, retiree, widow, widower or POW family member survivor, you qualify for our free and confidential services. Call 764-7294 for an appointment.

Do you know your Command Family Ombudsman?

Ombudsmen are your command family information and referral people. A command family ombudsman is there to answer questions or refer you to the correct resources. Each command has an ombudsman. If you have questions such as: special needs of family member, moving, childcare, or activities within your spouse's command. Call your ombudsman or Tommie Provost, 764-7294, ext. 48 to find the name of your ombudsman.

WORKSHOP	DATE	TIME
First-Time Homebuyers	Aug. 21	10-4:30 p.m.
Infant Child CPR	Aug. 24	9-12 p.m.
Infant Massage	Aug. 21	10-11 a.m.
Job Fair	Aug 20	Noon
Pre-separation Counseling	Monthly	
Playmornings	Every Wed.	9-11:30 a.m.
Spouse Orientation	Every Tues.	10 a.m.
Volunteer Opportunities	Monday-Friday	8-4 p.m.

Benefits aren't 'automatic'

By Mary Kate Zabroske **Bureau of Medicine and Surgery**

Department of Defense TRICARE officials are working to inform military families that non-active-duty beneficiaries must enroll in the health care system before they see a doctor.

Active duty service members are automatically registered in the Defense Enrollment Eligibility Reporting System (DEERS). However, this isn't the case with family members, who must personally ensure they are properly enrolled in DEERS to be eligible for TRICARE benefits. This is a step many families forget each time they transfer or travel. Not keeping DEERS information current, though, can create extra time in the waiting room or incur costly out-of-pocket expenses.

"It is extremely important to keep DEERS records up-to-date, because that is the key to receiving timely, effective TRICARE benefits. Prior to rendering services to beneficiaries, network providers and pharmacies will verify DEERS eligibility," said Floyd (Skip) Katon, Navy DEERS medical project officer.

There are several instances where a military family must update its DEERS enrollment information. These times include marriage, the birth or adoption of a child, divorce or retirement. Children over 21 years old who have a student status must also be registered in DEERS. Active-duty service members can

make these changes by completing a DD Form 1172 (Application for Uniformed Services Identification Card and DEERS Enrollment).

While completing the DD Form 1172, the service member will be required to have certain important pieces of documentation, such as a marriage, birth or death certificate, divorce decree, and family members' Social Security numbers.

Sponsors and their families should contact the nearest uniformed services identification card facility to learn what documents are needed to register or update DEERS information. To find the closest facility, search by zip code at www.dmdc.osd.mil.

For family members who do not reside with their sponsors, the sponsors must get the DD 1172 notarized.

Beneficiaries may update information on DEERS in one of the following ways: visit a local uniformed services ID card facility; call the Defense Manpower Data Center Support Office at 1-800-538-9552; fax changes to DEERS at 1-831-655-8317; mail the address change to the Defense Manpower Data Center Office, ATTN: COA, 400 Gigling Road, Seaside, Calif. 93955-6771; or update addresses electronically www.tricare.osd.mil/DEERS.

For related news, visit the Naval Medicine NewsStand page www.news.navy.mil/local/mednews.

Navy creates positive environment for victims

By Loretta Sumter

NWS Fleet and Family Support Center

The Navy's goal is to create a positive working and living environment for service members and their families. Since rapes and sexual assaults take place within our society, and recognizing that similar behavior will happen within the Navy community, the Navy's policy on rape and sexual assault is "zero-tolerance."

Sexual assault, which includes rape, is a criminal act that is incompatible with the Navy's high standards of professionalism and personal discipline. Swift, appropriate disciplinary and/or administrative action will be taken toward perpetrators of sexual assault and they can expect to be prosecuted to the fullest extent of the law.

There is great concern for the victims of sexual assault. The Navy's goal is to reduce rape and sexual assault incidents experienced by, or perpetrated by, Navy personnel. To reach this goal, the Sexual Assault Victim Intervention (SAVI) Program was established. The SAVI Program focuses on:

*Creating an ongoing awareness of the significant impact sexual assault and rape have on the victims, their families, and the community through rape/sexual assault prevention and awareness programs;

*Generating a sense of personal and social responsibility to prevent/report sexual assaults and assist law enforcement and legal officers;

*Training for SAVI Command

Representatives (enlisted personnel and officers E-7 above) to help and support rape/sexual assault victims following a reported incident;

*Assisting with reporting and monitoring changes or trends in sexual assaults; and

*Developing a coordinated and effective communication system of services and resources onbase and in the community including; the Fleet and Family Support Center (FFSC), medical, legal, security, Naval Criminal Investigative Service (NCIS), Chaplains, and People Against Rape (PAR).

If you're raped or sexually assaulted:

*Go to a safe place where a phone is available *Contact appropriate law enforcement author-

*Preserve physical evidence by not bathing or

changing clothes *Seek medical attention

*Request a support person

If someone you know is raped or sexually assaulted:

*Do what you can - recognize your own limitations

*Listen and sympathize

*Don't ask what caused it

*Support the decision to report the crime

*Encourage the victim to speak to a counselor.

For further information on the SAVI or if you wish to speak to a counselor, please call Loretta Sumter at 764-7294, ext. 34, or Alice Alton at 764-7294, ext. 46.



photo by CEG-A Public Affairs

COL Douglas Glover, Commander, U.S. Army Combat Equipment Group Afloat (CEG-A), presented Certificates of Appreciation to the CEG-A Certification, Evaluation, Review, Technique Team (CERT) for the long hours and teamwork they dedicated to the Earned Management Value System (EMVS). Their efforts resulted in meeting all the criteria required for EVMS certification. The team is comprised of both CEG-A and DynCorp (maintenance contractor) employees who bring together scheduling, budgeting and skilled resources to produce cost management reporting. The DynCorp/CSC government contract is the first to be EVMS certified.

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Station water meets standards

Cheers! The Naval Weapons Station produced the Annual Drinking Water Quality Report last month. Our Environmental and Natural Resources Division and the Public Affairs Office publish this report jointly. WPNSTA CHASN purchases its drinking water from the City of Charleston Commissioners of Public Works (CPW). CPW tests the water it provides and WPNSTA CHASN performs additional tests to ensure and verify the safety and purity of the water we all drink. This year, as in years past, the drinking water on the Weapons Station meets all federal, state and Navy drinking water standards. So, the next time you hoist a tall, cool one (water, that is), rest assured that it is safe and pure and monitored carefully and continuously throughout the year to ensure every glass is as good as the last.

Yard care responsibilities

Residents of two-bedroom townhouses are reminded of their area of responsibility with regard to yard care.

Residents occupying downstairs two bedroom units are responsible for mowing, trimming, and raking the rear yard adjacent to the patio. If the unit is located on either end of the building, the downstairs resident is responsible for the rear half of the side yard. At residences that have two adjoining back yards, the downstairs resident is also responsible for maintaining half



Let the world know your bundle of joy is here!

Announce your birth in the Shoreline.
Call the Housing office at 764-7218/9.

of the area between the fences, all the way down both fences, and across the rear of the back fence.

Residents occupying the upstairs apartment of a two bedroom unit are responsible for mowing, trimming and raking the front yard area of the quarters. Upstairs residents are also responsible for the front half of the side yard, if the unit is located on either end of the building. At residences that have two adjoining fenced yard areas in the rear, the upstairs resident is responsible for maintaining the yard farthest from the building.

Your cooperation is appreciated.

Bachelor Housing Note:

Fire: Improper use of extension cords presents a significant fire hazard. The only extension cords allowed in Bachelor Housing are the electrical power strips with built-in circuit breakers that are Underwriters Laboratory (UL) approved. Attaching multiple surge protectors together is not authorized. It is necessary that all personnel remain constantly alert in matters of fire prevention.

In case of fire, the following steps must be taken:

- (1) Call 911. BH residents should also call the front desk at base security, 764-7777.
- (2) Secure all windows and doors, and turn off electrical equipment.
- (3) Get out of the building immediately. Evacuation routes are posted in all buildings.
- (4) Notice to all residents, a fire alarm pull station is located at the bottom of every stairwell, engaging alarm during your evacuation will alert all other residents in the building.

The safety of BH residents demands that certain precautions be taken to prevent fire:

- (a) Smoking is authorized on back porches and balconies only.
- (b) Open flame producing devices, other than matches and cigarette lighters used for smoking purposes, are prohibited.
 - (c) Freshly burned cigarette butts and matches shall Chief Grimes at 764-7646.



Christine Bolchoz reported to the Housing Office from the Navy Region Southeast, Jacksonville, Florida. She is the new Head, Personnel Support Division. She has been in Civil Service for 20 years. Her previous duty stations were Army Corps of Engineers,



Charleston Naval Shipyard, Naval Weapons Station Charleston Public Works Center, and Naval Facilities Engineering Command Southern Division. Her hobbies, when she has time, include playing the guitar, dancing, hockey, movies, plays and church activities. Welcome aboard Christine!

be placed in ashtrays, not in waste containers.

- (d) The burning of incense, oil lamps, candles or odor-producing materials is prohibited.
- (e) Ashtrays shall not be emptied into waste baskets prior to going to bed or leaving the room. Allow several hours to ensure there is no residual combustion.
- (f) Irons will not be left unattended while plugged in. When not in use, set them to cool in a safe place.
- (g) All electrical devises must be Underwriters Laboratory (UL) approved.

If you have any questions, please contact Senior Chief Grimes at 764-7646.

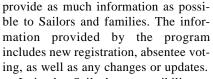
Program helps Sailors, families cast their vote

By JO2 Christal A. Bailey Navy Charleston Shoreline

Voting season is approaching and questions about registration and ballots plague military members as they prepare to cast their vote. The Navy Assistance Voting Program offers answers to these questions and more to assist Sailors and their families during the upcoming election.

According to Naval Weapons Station Charleston's voting assistance officer (VAO) Lt. Rodney Boyd, it is important for Sailors to vote. "The biggest mistake Sailors can make is to register and then not exercise their right to vote," he said.

The Navy's voting program makes it easy for Sailors to register and vote. The main purpose of the program is to



It is the Sailor's responsibility to decide to vote, but the VAO is there to inform them of the process. Boyd said that information regarding registration was disseminated to various departmental representatives earlier this year. The process begins with the Standard

Form 76, which is generic. Each state has various direc-

tions to fill out the form and where to send it upon completion. A complete listing by state can be found at http://www.fvap.gov/links/statelinks.html.

Boyd said the program is highly effective. The Station's voting program is taking the same approach as the command's Combined Federal Campaign drive, by having the departmental representatives provide feedback with the number of new registers as well as those already registered.

"Although I pass out the information, the ultimate measure of effectiveness will be determined in how many actually vote," Boyd commented. "Getting registered is only the first step!"

For more information, contact Lt. Boyd at 764-7904, or visit http://www.fvap.gov/links/statelinks.html.